

**Physical Education (K-12)
Brevard College**

Minimum of two (2) semester hours are required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical Education	EXS 110	Introduction to Exercise Science	
B	Kinesiology, Fundamental Motor Skills & Movement Forms	EXS 320	Biomechanics in Exercise & Sport	
C	Anatomy or Physiology	BIO 210, 220	Human Anatomy & Physiology I, II	
		EXS 310	Exercise Physiology	
D	Fitness, Nutrition, & Obesity Prevention	EXS 213	Principles of Nutrition	
E	Sports, Physical & Leisure Activities (minimum total of 2 semester hours required)	EXSC 202 – 205	Fitness Activities	

Posted: Spring 2018
Revised: Spring 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.brevard.edu/>